

“STREAMS OF LIVING WATER”
Health, Movement and Life in God’s Spirit
October 11, 2009

Study Questions

1. READ Psalm 1.

2. Are you like “a tree planted by streams of living water?” Why or why not?

3. READ John 4:1-30. What is Jesus offering to the woman at the well? How does she receive his words? How do you receive his words?

4. In John 7:38, we’re told that Jesus refers to the Holy Spirit in *streaming* terms. How close are you to the Holy Spirit? Do you enjoy him? Are you attentive to him? Do you know him?

5. Living water always has an outlet. Amos calls for justice and righteousness to flow like a river and never-failing stream. How is the overflow of God’s kindness in your life spilling, splashing and streaming onto others? If it’s too hard to speak this way about yourself, then take turns describing what you see in each other. Who are you touching and how? How are you helping, mentoring, serving and spreading the life and love of God?

6. Living water is fed from above. How is God *re-sourcing* you? Who is mentoring, inspiring, teaching or coaching you? Where do you find your refreshment? Is it enough?

7. Non-Christians rarely envy our lives, as if they think we live one half the life that they do. How can this be? Why should or shouldn't it be? What can we say or do to represent the streaming, flowing life that's ours in Christ?

8. Does anyone in the group feel like the Dead Sea? Stuck in a rut? Putrefying in a deep hole? Are there any prayers, consolations, or encouragements to be shared?