

Double Bind
November 19, 2017
Study Questions
Luke 9: 21-27, 46-56

1. What are some examples of Ironic Process Theory you have seen in everyday life?
2. Why do you think suppression of a problem actually leads to multiplication of the problem?
3. What do you make of Jesus' command to lose your life? To die to yourself? To deny yourself?
4. Why do you think this commandment is so hard to understand and to follow?
5. In this line of discussion, do you think we give enough attention to the new life we are offered when we lay ours down? Why do you think this is the case?
6. What does it look like to welcome those who are small of stature in our world?
7. What are some examples of joy you have found while serving others and being other-focused?
8. What do you make of the two stories in 9:49-56?
9. What pink elephants are you trying to remove from your life this week?
10. What are some ways to practice expulsive affection?