

Soul Care
March 4, 2018
Study Questions
Colossians 1

1. Have you ever considered that the everyday aspects of your life – cleaning house, loving your spouse, going to work – are as important to God as the spiritual aspects of your life? Do we sometimes have a dualistic approach to life where only “spiritual” matters are important? Why does our work (whether at home, as a volunteer, or in an office or shop) matter?
2. How can we model the fruit of the Spirit where we are day-by-day?
3. Do you believe that God works through you to do his work in the world? Describe your thoughts and feelings about this. Have you experienced this? What was the situation like? How did you experience God in it?
4. How can we influence the culture of our workplaces? How can we improve relationships at our work (or home, volunteer sphere, office or shop)?
5. In the light of the grace that God has shown to us, how might we show grace and love to those we interact with?
6. What does holistic spirituality mean to you? How can you incorporate it into your life?
7. Ken Boa speaks of the difference between a “compartmentalized” life and a “centered” life. In this model, our image of God is the most determinative thing in our life. Loving God completely (with our heart, mind, soul, and strength) is the key to loving self correctly (seeing ourselves as God sees us) and to loving others compassionately (serving others out of the overflow of Christ’s life in us). How compartmentalized is your life? How can you make it more centered?