

Bible Study Questions
August 4, 2019
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Slow Down – You Move Too Fast
Mark 5:21-43

1. Where in your life do you see yourself experiencing “hurry sickness?”
2. What makes you think you have to move so fast?
3. What most impressed you concerning Jesus’ handling of the situations and people needs we saw in Mark 5:21-43?
4. Which of the following remedies do you most need to apply right now?
 - a. Check the condition of your heart often
 - b. Repent of the pride of busyness
 - c. Consciously slow the pace of your life
5. Reflect on the meaning of the following verses. How could they help you live life at a slower pace?

Isaiah 30:15b

In quietness and trust is your strength

Psalm 37:7

Rest in the Lord and wait patiently for Him

Psalm 46:10

Be still, and know that I am God.