

Bible Study Questions
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Joy Ride: With Confidence
Philippians 1:1-11

Ice Breaker

When you were in high school or college, did you ever go out and just drive with friends? Did you go “cruising?” Where? What was it like, or what was one of your favorite drives? Why?

Read Philippians 1:1-11. What stands out to you the most from this passage? Why? What questions do you have about it?

What’s your biggest “joy-stealer” right now? (i.e. people, circumstances, things/stuff, worry). Explain why.

On a scale of 1 to 10 (10 being the most), how would you rate the American Church’s reputation for being joyful? How would you rate SFC’s joy level? How would you rate yours right now?

What do you think of the statements: “When the Church loses its joy, it loses much of its impact on its neighbors. When the followers of Jesus lack joy, our power is limited and so is our ability to love.”

What do you think holds you back from experiencing more of God’s joy?

Respond to the statement: Confidence isn’t certainty but instead, a steadfast trust in the midst of uncertainty and even pain. Is this your experience?

Which of these three observations did you resonate with the most?

- Our confidence will INCREASE as our status DECREASES.
- Our confidence is connected to our human relationships.
- Our confidence is connected to our prayer life.

If life is like a tandem bike, where are you and Jesus sitting right now? What does the journey look like right now? What brings you joy and what scares you?

For Self-Reflection:

Which category *best* describes you:

- Way too much to do.
- Way too many people to impress.
- Way too many things we want to possess.
- Way too many worries to process.

What could you use freedom *from* the most right now:

- Freedom from perfection?
- Freedom from performance?
- Freedom from approval?
- Freedom from addiction?
- Freedom from blame?
- Freedom from shame?