

Bible Study Questions
August 11, 2019
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Catch Your Breath
Mark 2:23-28, Exodus 20:8

1. How do you normally spend Sundays?

Read Exodus 20:8-11.

2. How would you define the Sabbath?

3. Why do you think verse 8 is one of the ten commandments?

Read Mark 2:23-27.

4. What was unlawful about getting food on the Sabbath?

5. Did Jesus break the law? Or change the rules?

6. Note how Jesus quoted from I Samuel 21:1-6. What did that have to do with the issue at hand?

7. What reasoning did Jesus use to answer the Pharisees' accusation of His disciples breaking the Sabbath?

“There remains a Sabbath rest for the people of God; for anyone who enters God’s rest also rest from his own work just as God did from his. Let us make every effort to enter that rest...”
(Hebrews 4:9)