

**Bible Study Questions**  
**September 20, 2020**  
**Sean Miller**  
***Joy Ride: Without All the Baggage***  
**Philippians 3:1-14**

Tell about a time when you struggled to have perseverance, determination or courage. You might have a story from childhood, sports, academics, work, physical illness or injury, a friendship, marriage, your faith, etc.

What makes you keep going in your faith when you experience pain, shame, rejection, or doubt? What are you carrying today? Do you have “baggage” you wish you could offload?

Read Philippians 3:1. How does joy act as a safeguard? How can we practice joy as worship?

What do you think of the terms Paul used to describe those he was warning the Philippians about? Why do you think he does this? See verse 2.

Read Philippians 3:3-9. Paul makes a list of seven things that would have made him credible as a great Jewish Rabbi in the ancient world. Do you have things that are “to your credit” or “gain to you” in your life? What would it look like to “count these as rubbish?”

Philippians 3:10-11 talk about four things Paul wanted as a Christ follower: deep relationship with Jesus, continued renewal and new life, temporary challenges (the “cross” of discipleship) and future resurrection. Which do you relate to the most right now? Why would he want “the fellowship of His sufferings” or to be “conformed to His death?”

Read Philippians 3:12-14. Does this passage encourage you? Why or why not? Would you commit to praying this passage for yourself every day for the next seven days?

Which of the following do you need to engage with the most this week?

- Practice joy as an act of worship.
- Put aside all the baggage that weighs us down.
- Participate in Jesus through faithful action.
- Press on with endurance.

What did Sean say was the “prize?” What do you think about that?

Why are we “running” the Christian race? Sean mentioned “transformation.” What would you like to see transformed in your life? In your family? In your friendships? In your church? In your city?

Pray for transformation.