

## **Bible Study Questions**

**October 11, 2020**

**Sean Miller**

***Joy Ride: With Peace***

**Philippians 4:1-8**

Read Philippians 4:2-9. What stands out to you the most?

Two people, in this passage, were in on-going conflict. Why do you think it was so important to Paul for Euodia and Syntyche to live in harmony? Is there anyone you need to pursue harmony with?

Paul uses some form of the word “joy” in this short letter at least 16 times. Why so much?

What is your experience with anxiety? How do you feel when you read Paul saying, “Don’t be anxious.” Have you ever experienced the “peace that surpasses all comprehension?” If not, why do you think that is? If so, tell about that experience.

Sean talked about three different exercises that we can do this week. Will you try any of them? Which one and why?

Which of the four points resonated with you the most?

- Face the conflict and get help if necessary.
- Practice joy as an act of worship.
- Practice Honesty and Gratitude.
- Focus on the good.

Did you engage with the exercise that Sally led? What is your experience with prayer as a way to peace?

What is your greatest need right now?

Pray together.