

Life Matters
A Study in Ecclesiastes

3:1-14

1. Share or describe one of your most embarrassing styles or looks from a previous seasons of life.
2. What do you think fuels regret?
3. What kind of regret is healthy? Unhealthy?
4. What seasons of life were most difficult for you?
5. How have those difficult seasons shaped who you are today?
6. Besides David and Paul, what other Biblical characters can you point to who endured difficult seasons that helped prepare them for who God was making them into?
7. While difficult seasons are easier to understand as seasons of life, what do you make of sinful seasons of life? How do we balance knowing that God is shaping us while not embracing or being unrepentant regarding sinful seasons?
8. Where have you lost Jesus during your spiritual journey?
9. Describe the new way you found Jesus?
10. With regards to seasons, growth and change, how does this concept revise how you treat your kids, neighbors and coworkers?